

“FORGIVE & LOVE” Premarital Assessment Guide

By Steve Durkac

This is an outline of issues to consider together as you plan for marriage. It's an assessment tool that I developed and use in premarital counseling. As you review these areas of your life, think of your future with your mate, in marriage, and ask yourself if there are "**adjustments to**" and/or "**compatibility with**" these seven aspects that will impact your marriage relationship...

F - family | in-laws? parents? children?

O - outlook | goals? religion?

R - responsibilities | child support? debts?

G - genetics | personality? physical attractions?

I - interests | cultural? friends? pastimes?

V - vocation | job hours? stress?

E - experiences | past relationships? education levels?

And four ways to LOVE through these issues....

L - *listening to your mate?*

O - *overlooking issues with your mate?*

V - *valuing your mate?*

E - *expressing love for your mate?*